

MemorialCare Select Health Plan systematically reviews and adopts evidence-based clinical practice and preventive health guidelines developed and published by peer-reviewed sources as well as organizations such as the Centers for Disease Prevention and Control and the U.S. Preventive Services Task Force. Guidelines are regularly reviewed by MemorialCare Select Health Plan Quality Council. A list of current Clinical Practice and Preventive Health Guidelines adopted by MemorialCare Select Health Plan is also available for download at <http://www.MCSHP.org/>.

Guidelines by Age Group

AGE GROUP	PREVENTIVE HEALTH GUIDELINES	Adopted/ Reviewed
0-18 YEARS	<p>Recommendations for Preventive Pediatric Health Care, 2015. Bright Futures /American Academy of Pediatrics (2017). https://www.aap.org/en-us/Documents/periodicity_schedule.pdf</p> <p>Recommended Immunization Schedule for Persons Aged 18 Years or Younger, United States, 2018. CDC (2018). https://www.cdc.gov/vaccines/schedules/downloads/child/0-18yrs-child-combined-schedule.pdf</p>	2/5/2020
19 AND OLDER	<p>U.S. Preventive Services Task Force (USPSTF) Grade A and B Recommendations. https://www.uspreventiveservicestaskforce.org/Page/Name/uspstf-a-and-b-recommendations/</p> <p>Recommended Immunization Schedule for Adults Aged 19 Years or Older, United States, 2018. CDC (2018). https://www.cdc.gov/vaccines/schedules/downloads/adult/adult-combined-schedule.pdf</p>	2/5/2020

Guidelines by Condition

Condition	Clinical Practice Guidelines	Adopted/ Reviewed
ADHD	Attention Deficit Hyperactivity Disorder (ADHD): Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of ADHD in Children and Adolescents. American Academy of Pediatrics (2011). http://pediatrics.aappublications.org/content/early/2011/10/14/peds.2011-2654	2/5/2020
Asthma	Guidelines for the Diagnosis and Management of Asthma (EPR-3). National Heart, Lung and Blood Institute, and National Institutes of Health (2007). https://www.nhlbi.nih.gov/files/docs/guidelines/asthgdln.pdf	2/5/2020

<p>Behavioral Health</p>	<p>American Psychiatric Association Practice Guidelines for the Psychiatric Evaluation of Adults, 3rd Edition (2015). https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890426760.pe02</p> <p>Attention Deficit Hyperactivity Disorder (ADHD): Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of ADHD in Children and Adolescents. American Academy of Pediatrics (2011). https://pediatrics.aappublications.org/content/pediatrics/early/2011/10/14/peds.2011-2654.full.pdf</p> <p>Current Pharmacologic Treatment of Dementia: A Clinical Practice Guidelines from the American College of Physicians and the American Academy of Family Physicians (2008). https://www.aafp.org/dam/AAFP/documents/patient_care/clinical_recommendations/Dementia-Clinical-Practice-Guideline.pdf</p> <p>Identifying Infants and Young Children with Developmental Disorders in the Medical Home: An Algorithm for Developmental Surveillance and Screening. American Academy of Pediatrics (2006). https://pediatrics.aappublications.org/content/pediatrics/118/1/405.full.pdf</p> <p>Practice Guideline for the Treatment of Patients with Major Depressive Disorder. Third Edition. American Psychiatric Association (2010). https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/mdd.pdf</p> <p>Screening and Behavioral Counseling Interventions in Primary Care to Reduce Alcohol Misuse. U.S. Preventive Services Task Force (2013). https://www.integration.samhsa.gov/sbirt/USPSTF_Screening_forAlcohol_5_13_13_0000605-201308060-00652.pdf</p> <p>Standards of Care for the Health of Transsexual, Transgender, and Gender-Nonconforming People, World Professional Association for Transgender Health, 7th Version (2011). https://www.wpath.org/media/cms/Documents/SOC%20v7/SOC%20V7_English.pdf</p> <p>The National Practice Guideline for the Use of Medications in the Treatment of Addiction Involving Opioid Use. American Society of Addiction Medicine (2015). https://www.asam.org/docs/default-source/practice-support/guidelines-and-consensus-docs/asam-national-practice-guideline-supplement.pdf</p>	<p>2/5/2020</p>
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Condition	Clinical Practice Guidelines	Adopted/ Reviewed
<p>Cardiovascular</p>	<p>2013 American College of Cardiology/American Heart Association (ACC/AHA) Guideline on the Assessment of Cardiovascular Risk: A Report of the ACC/AHA Task Force on Practice Guidelines (2014). http://www.onlinejacc.org/content/63/25_Part_B/2935</p> <p>2013 ACCF/AHA Guideline for the Management of Heart Failure. https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e31829e8776</p> <p>2017 ACC/AHA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults. http://www.onlinejacc.org/content/accj/early/2017/11/04/j.jacc.2017.11.006.full.pdf</p> <p>2018 ACC/AHA/ESC Guidelines for the Management of Patients with Atrial Fibrillation. https://www.ahajournals.org/doi/pdf/10.1161/circ.104.17.2118</p> <p>American College of Cardiology. Acute Management of Pulmonary Embolism (2017). https://www.ncbi.nlm.nih.gov/pubmed/26867832</p> <p>Antithrombotic Therapy for VTE Diseases: CHEST Guideline and Expert Panel Report (2016). https://www.sciencedirect.com/science/article/pii/S0012369215003359?via%3Dihub</p> <p>Healthy Diet and Physical Activity for Cardiovascular Disease Prevention in Adults With Cardiovascular Risk Factors: Behavioral Counseling Interventions https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/healthy-diet-and-physical-activity-counseling-adults-with-high-risk-of-cvd#fullrecommendationstart</p>	<p>2/5/2020</p>
<p>Chlamydia and Gonorrhea</p>	<p>Screening form Chlamydia and Gonorrhea: U.S. Preventative Services Task Force. Final Recommendation. (2014) https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/chlamydia-and-gonorrhea-screening</p>	<p>2/5/2020</p>

Condition	Clinical Practice Guidelines	Adopted/ Reviewed
COPD	<p>Diagnosis and Management of Stable Chronic Obstructive Pulmonary Disease: A Clinical Practice Guideline Update from the American College of Physicians, American College of Chest Physicians, American Thoracic Society, and European Respiratory Society. <i>Annals of Internal Medicine</i> (2011). http://www.thoracic.org/statements/resources/copd/179full.pdf</p> <p>Prevention of COPD exacerbations: a European Respiratory Society/American Thoracic Society guideline. <i>European Respiratory Journal</i> (2017). https://www.thoracic.org/statements/resources/copd/prevention-copd-exacerbations.pdf</p>	2/5/2020
Depression	<p>Practice Guideline for the Treatment of Patients with Major Depressive Disorder. Third Edition. American Psychiatric Association (2010). http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/mdd.pdf</p> <p>Screening for Depression in Adults US Preventive Services Task Force Recommendation Statement. <i>USPTF</i> (2016). https://jamanetwork.com/journals/jama/fullarticle/2484345</p>	2/5/2020
Diabetes	<p>American Diabetes Association (ADA) Standards of Medical Care in Diabetes – 2017. ADA (2017). https://professional.diabetes.org/sites/professional.diabetes.org/files/media/dc_40_s1_final.pdf</p> <p>American Association of Clinical Endocrinologists (AACE) and the American College of Endocrinology (ACE) Comprehensive Diabetes Management Algorithm 2017. AACE/ACE (2017). https://www.aace.com/sites/all/files/diabetes-algorithm-executive-summary.pdf</p> <p>Management of Newly Diagnosed Type 2 Diabetes Mellitus (T2DM) in Children and Adolescents. APA (2013). http://pediatrics.aappublications.org/content/131/2/364.full?sid=d1840c80-287b-43ca-ac9c-68b0b1d5dfa8</p>	2/5/2020

Condition	Clinical Practice Guidelines	Adopted/ Reviewed
Heart Failure	2017 ACC/AHA/HFSA Focused Update of the 2013 ACCF/AHA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines and the Heart Failure Society of America. ACC/AHA/HFSA (2017). http://circ.ahajournals.org/content/early/2017/04/26/CIR.0000000000000509	2/5/2020
HIV/AIDS	Clinical Care Guidelines and Resources for the care and treatment of people living with HIV. US Department of Health and Human Services/Health Resources & Services Administration (2016). https://hab.hrsa.gov/clinical-quality-management/clinical-care-guidelines-and-resources	2/5/2020
Hyperlipidemia	2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk in Adults. A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines. ACC/AHA (2013). http://circ.ahajournals.org/content/129/25_suppl_2/S1	2/5/2020

Condition	Clinical Practice Guidelines	Adopted/ Reviewed
Hypertension	<p>Management of High Blood Pressure in Adults. American Academy of Family Physicians/JAMA (2014). https://jamanetwork.com/journals/jama/fullarticle/1791497</p> <p>Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents. American Academy of Pediatrics (2017). http://pediatrics.aappublications.org/content/pediatrics/140/6/e20173035.full.pdf</p>	2/5/2020
Infectious Disease	<p>"Official American Thoracic Society/Infectious Diseases Society of America/Centers for Disease Control and Prevention Clinical Practice Guidelines: Diagnosis of Tuberculosis in Adults and Children". Clinic Infectious Diseases (2016). https://academic.oup.com/cid/article/64/2/e1/2629583</p> <p>Provider Guidance TB Infection Toolkit. County of Los Angeles Public Health. http://ph.lacounty.gov/tb/toolkitriskassessments.htm</p> <p>Sexually Transmitted Diseases (STD) Treatment Guidelines. Centers for Disease Control and Prevention (2015). https://www.cdc.gov/std/tg2015/tg-2015-print.pdf</p>	2/5/2020
Low Back Pain	<p>Diagnostic Imaging for Low Back Pain: Advice for High-value Health Care from the American College of Physicians - Annals of Internal Medicine (2011). https://annals.org/aim/fullarticle/746774/diagnostic-imaging-low-back-pain-advice-high-value-health-care</p> <p>Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline from the American College of Physicians. Annals of Internal Medicine (2017). http://annals.org/aim/fullarticle/2603228/noninvasive-treatments-acute-subacute-chronic-low-back-pain-clinical-practice</p>	2/5/2020

Condition	Clinical Practice Guidelines	Adopted/ Reviewed
Musculoskeletal	<p>American College of Occupational and Environmental Medicine. Cervical and Thoracic Spine Disorders (2016). https://www.dir.ca.gov/dwc/MTUS/ACOEM_Guidelines/Cervical-and-Thoracic-Spine-Disorders-Guideline.pdf</p> <p>American College of Rheumatology. Recommendations for the Use of Nonpharmacologic and Pharmacologic Therapies in Osteoarthritis of the Hand, Hip and Knee (2012). https://www.dir.ca.gov/dwc/MTUS/ACOEM_Guidelines/Cervical-and-Thoracic-Spine-Disorders-Guideline.pdf</p> <p>American College of Rheumatology. Guideline for the Treatment of Rheumatoid Arthritis (2015). https://www.rheumatology.org/Portals/0/Files/ACR%202015%20RA%20Guideline.pdf</p> <p>Treatment of Low Bone Density or Osteoporosis to Prevent Fractures in Men and Women: A Clinical Practice Guideline Update from the American College of Physicians (2017). https://annals.org/aim/fullarticle/2625385/treatment-low-bone-density-osteoporosis-prevent-fractures-men-women-clinical</p>	2/5/2020
Otitis Media	<p>The Diagnosis and Management of Acute Otitis Media. American Academy of Pediatrics (2014). http://pediatrics.aappublications.org/content/early/2013/02/20/peds.2012-3488</p>	2/5/2020
Overweight & Obesity	<p>American Academy of Pediatrics. The Role of the Pediatrician in Primary Prevention of Obesity (2015). https://pediatrics.aappublications.org/content/pediatrics/136/1/e275.full.pdf</p> <p>2013 AHA/ACC/TOS Guideline for the Management of Overweight and Obesity in Adults. ACC/AHA/TOS (2013). http://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437739.71477.ee</p> <p>Screening for Obesity in Children and Adolescents, US Preventive Services Task Force Recommendation Statement. JAMA (2017). https://jamanetwork.com/journals/jama/fullarticle/2632511</p>	2/5/2020

Condition	Clinical Practice Guidelines	Adopted/ Reviewed
Pain Management	CDC Guideline for Prescribing Opioids for Chronic Pain - United States (2016). https://www.cdc.gov/mmwr/volumes/65/rr/pdfs/rr6501e1.pdf	2/5/2020
Perinatal Care	Guidelines for Perinatal Care, 8 th Edition. American Academy of Pediatrics and American College of Obstetrics and Gynecology (2017). https://reader.aappublications.org/guidelines-for-perinatal-care-8th-edition/1 Safe Prevention of the Primary Cesarean Delivery. American College of Obstetricians and Gynecologists (2016). https://www.acog.org/Clinical-Guidance-and-Publications/Obstetric-Care-Consensus-Series/Safe-Prevention-of-the-Primary-Cesarean-Delivery	2/5/2020
Sickle Cell	Evidence-Based Management of Sickle Cell Disease: Expert Panel Report, 2014. NHLBI/NIH (2014). https://www.nhlbi.nih.gov/sites/default/files/media/docs/Evd-Bsd_SickleCellDis_Rep2014.pdf Sickle Cell Disease, CDC (last updated 2017). https://www.cdc.gov/ncbddd/sicklecell/recommendations.html	2/5/2020
Tobacco Cessation	Smoking Cessation During Pregnancy. ACOG Committee Opinion (2017). https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Smoking-Cessation-During-Pregnancy Treating Tobacco Use and Dependence: 2008 Update, US Department of Health and Human Services. https://www.ncbi.nlm.nih.gov/books/NBK63952/ Extinguishing the Tobacco Epidemic in California, CDC (2018). https://www.cdc.gov/tobacco/about/osh/program-funding/pdfs/california-2018-508.pdf	2/5/2020
Violence/ Abuse	Screening for Intimate Partner Violence, Elder Abuse, and Abuse of Vulnerable Adults. <i>JAMA</i> . (2018) https://jamanetwork.com/journals/jama/fullarticle/2708115	2/5/2020

Additional References:

General Guidelines	Adopted/ Reviewed
<p>Centers for Medicare and Medicaid Services (CMS). ICD-10-CM Official Guidelines for Coding and Reporting FY 2019. https://www.cms.gov/medicare/Coding/ICD10/index</p> <p>Guide to Clinical Preventive Services, 2014. Content last reviewed June 2014. Agency for Healthcare Research and Quality, Rockville, MD. https://www.ahrq.gov/prevention/guidelines/guide/index.htm</p>	2/5/2020
General Clinical Resources	Adopted/ Reviewed
<p>www.cdc.gov www.nih.gov www.ahrq.gov</p>	2/5/2020