Controlling High Blood Pressure CBP

What Works

- Member with a diagnostic of hypertension(HTN) <u>must have 2 visits on different dates</u> of services with a diagnosis of (HTN) between January 1, 2020 and June 30,2021.
- Reassess until BP is under control: <140/< 90
- Use the lowest systolic and diastolic results from different readings taken on a single date
- **Remote measurements** by any digital device <u>are acceptable</u>
- Start medication to lower BP
- **Telehealth:** Request digital BP monitors for patients to use at home
- **BPs can be taken by patient using any digital device and reported to provider in telephone visit e-visit, or virtual check-in.**

Barriers

- Staff not following recommendations to obtain an accurate BP reading
- Patient not monitoring BP at home
- Lack of education from providers about medication lifestyle changes.
- Patient does not make follow up appointment
- Elevated BP pressure not repeated during visit
- Not using care gap reports

Codes	CPT	CPT CAT-II	HCPCS
Telehealth Coding Remote BP monitoring	93784, 93788, 93790, 99091, 99453, 99454, 99457		
Systolic BP < 130 mm Hg		3074F	
Systolic BP 130 - 139 mm Hg		3075F	
Systolic > 140 mm Hg:		3077F	
Diastolic BP < 80 mm Hg		3078F	
Diastolic BP 80-89 mm Hg		3079F	
Diastolic > 90 mm Hg		3080F	
Outpatient	99201-99205, 99211-99215, 99241-99245, 99341-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99429, 99455, 99456, 99483		G0402, G0438, G0439, G0463, T1015
Telephone Visits	98966-98968, 99441-99413		
Online assessments (e-visits or virtual check-ins)	98969-98972, 99421-99444, 99458		G2010, G2012, G2061, G2062, G2063