



### Health education & cultural and linguistic referral form

Provider information - Please print clearly			
Referred by		Date	
Phone number		Fax number	
Address			
<input type="checkbox"/> Please check box if member follow up documentation is desired, and indicate fax number clearly above.			
Member information			
Member name		Date of birth	
Medi-Cal identification number		Language spoken	
Address		Cell phone	
City, State ZIP code			
Special accommodations	<input type="checkbox"/> vision <input type="checkbox"/> hearing <input type="checkbox"/> physical <input type="checkbox"/> other: _____		
Cultural and linguistic request			
Type of service requested :			
<b>Requested service: health education topic (check all that apply)</b>			<b>Under 18</b>
<b>Asthma</b>			<b>Ages 18+</b>
<b>Breastfeeding</b>			
<b>Diabetes</b>			
<b>Exercise/Physical activity</b>			
<b>Family planning/Unintended pregnancy prevention</b>			
<b>HIV/STD prevention</b>			
<b>Hypertension</b>			
<b>Injury prevention</b>			
<b>Nutrition</b>			
<b>Obesity</b>			
<b>Parenting</b>			
<b>Perinatal/Pregnancy</b>			
<b>Substance abuse (alcohol and drugs)</b>			
<b>Tobacco prevention and cessation</b>			
<b>Other (please specify):</b>			
Specifications for: exercise/physical activity, obesity/weight management and nutrition			
Cleared to exercise without restrictions? <input type="checkbox"/> Yes <input type="checkbox"/> No, specify _____			
Provider name (print)		Date	
Provider signature			
Provider special instructions/comments – Attach additional pages if necessary			

**Please fax this form to 1-818-240-1206 or email to**  
**HealthEd\_CA\_Medicaid@Anthem.com**  
**Attention: Health Education**  
**Please do not send medical records.**

Important Note: You are not permitted to use or disclose Protected Health Information about individuals who you are not currently treating or are not enrolled to your practice. This applies to Protected Health Information accessible in any online tool, sent in any medium including mail, email, fax or other electronic transmission.

**[www.anthem.com/ca](http://www.anthem.com/ca)**

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