

# Palliative Care

## *Provider Resources*

### What is Palliative Care?

Palliative care focuses on the relief of pain, symptoms and the stress of serious illness.

- The goal is to reduce suffering and improve quality of life for individuals and families.
- This care is provided at any stage of an illness and can be provided simultaneously with curative treatment.
- Palliative care is provided by a specially-trained team of doctors, nurses and other specialists who work together with a patient's other doctors to provide an extra layer of support.
- For many individuals, it is transitioning from one setting to another that contributes to poor outcomes with multiple re-hospitalizations. Palliative care may be provided in a variety of settings, (hospitals, nursing homes, hospices, assisted living, home, and out-patient clinics) in order to assure continuity of care in multiple settings over the course of the disease process

**Below are clickable links for disease specific support for care:**

[Congestive Heart Failure](#)

[Chronic Obstructive Pulmonary Disease \(COPD\)](#)

[Advanced Cancer](#)

[Liver Disease](#)

**MemorialCare Locations Offering Palliative Care [Visit website here](#)**

- Todd Cancer Institute - 2810 Long Beach Blvd. Long Beach, (562) 933-1877
- Miller Children's & Women's Hospital Long Beach- 2810 Long Beach Blvd. Long Beach, (562) 933-5437
- Orange Coast Medical - 18111 Brookhurst St., Fountain Valley, (714) 378-7000

### Additional Resources

- [Education in Palliative and End-of-Life Care](#) - Education for all health care professionals in the essential competencies of Palliative Care.
- [National Hospice and Palliative Care Organization \(NHPCO\) Educational Calendar](#) - Educational offerings of the NHPCO.