

PROVIDER RESOURCES & TRAININGS

SEPTEMBER 2023



ChangeTalk: Childhood Obesity - Motivational Interviewing (MI) Skill-Building Module

Change Talk is a virtual practice environment in which health care providers assume the role of a pediatrician and engage in a simulated conversation and the user learns to apply MI techniques to help the virtual humans identify motivation for change, supporting them to implement modifications to their diet, screen time habits, exercise routines, and more!



Clinical Growth Charts

Pediatricians, other healthcare providers, and caregivers use growth charts to track the development of infants, children, and adolescents. The World Health Organization growth standards are recommended by the CDC for monitoring growth in infants and children aged 0 to 2 years. For children aged 2 years and above, CDC growth charts can be used to monitor growth.

Educational Material

- [The Childhood Obesity Epidemic and the Role of the Healthcare Provider](#)
- [Provider Competencies for the Prevention and Management of Obesity](#)
- [Make Every Bite Count With the Dietary Guidelines](#)
- [Strategies to Prevent & Manage Obesity](#)
- [Age-Specific Desired Behaviors to Prevent Early Childhood Obesity](#)

Trainings/ Webinars

- [September 19, 2023, Webinar: Addressing Cardiac Care Disparities for Better Patient Outcomes](#)
- [September 23, 2023, Webinar: In-Person Event: Maternal Mental Health Conference](#)
- [September 28, 2023, Webinar: Colorectal Cancer Screening](#)